

Trainology Conference III at Ole Miss

July 12, 2019



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July 12, 2019 12:00 pm ~ 17:05 pm

Turner Center, The University of Mississippi

Scott Dankel (Rowan University) 12:05 ~

Do people actually respond differently to resistance exercise?

Joonsun Park (University of Southern Mississippi) 12:35 ~

The acute muscular response to passive movement and blood flow restriction

Brittany Counts (University of Tennessee Health Science Center) 13:05 ~

The effect of estradiol administration on muscle mass loss and cachexia progression in female $Apc^{Min/+}$ mice

Wenyuan Zhu (University of South Florida) 13:35 ~

Acute cardiovascular and muscular response to NO-LOAD exercise with and without the application of blood flow restriction

Robert Spitz (University of Mississippi) 14:05 ~

The impact of cuff width and pressure on perceived discomfort during blood flow restriction at rest and during lower body exercise

Noam Yitzchaki (University of South Florida) 14:35 ~

A time course of changes in echo intensity following resistance exercise in untrained individuals

Kiara Barrett (Troy University) 15:05 ~

Comparison of two vascular dopplers in measuring arterial occlusion pressure

Vickie Wong (University of Mississippi) 15:35 ~

The effect of blood flow restriction therapy on recovery following experimental induced muscle weakness and pain

Daphney Stanford (University of Southern Mississippi) 16:05 ~

The cardiovascular and muscular responses to different exercise modalities with blood flow restriction

Zachary Bell (University of Mississippi) 16:35 ~

Changes in muscle strength occur in the trained and untrained arm independent of changes in muscle size